

Substance use resources

Outpatient programs

A D Psychotherapy & Clinical Consulting Inc.

Outpatient substance recovery, addiction programs, and mental health counseling

<https://adpsychotherapy.com/>

801-233-8577

9662 South 700 East

Sandy, UT

First Step House

Intensive outpatient program, may only serve men

<https://firststephouse.org/>

801-359-8862

434 South 500 East, 2 floor

Salt Lake City, UT

Highland Springs

Outpatient, intensive outpatient program, drug testing

<https://highlandspringsclinic.org/>

801-273-6335

4460 Highland Drive

Holladay, UT

801-727-8744

12427 South Pasture Road, Suite 101

Riverton, UT

801-284-4950

751 East 700 South, Suite 102

American Fork, UT

Next Level Recovery

Intensive outpatient program, outpatient, and sober living

<https://nextlevelrecovery.com/>

801-386-9799

6771 South 900 East

Midvale, UT

Odyssey House

Intensive outpatient program, substance recovery groups, and therapy

<https://www.odysseyhouse.org/>

801-322-3222

344 E 100 S

Salt Lake City, UT

Outpatient programs

Pinnacle Recovery

Residential treatment, integrative and experiential programs, and family therapy

<https://pinnaclerecoveryut.com/>

833-360-2657

6196 South Holladay Boulevard

Holladay, UT

Recovery Clinic

Substance abuse and dual mental health diagnoses

University of Utah Neuropsychiatric Institute

<https://healthcare.utah.edu/hmhi/treatments/addiction-recovery/recovery-clinic>

801-587-8288

501 Chipeta Way

Salt Lake City, UT

Recovery Ways

Intensive outpatient addiction and substance recovery program

<https://www.recoveryways.com/>

877-925-6660

4848 South Commerce Drive

Murray, UT 84107

5288 Allendale Drive

Murray, UT

Recovery Works

Intensive outpatient substance recovery program

University of Utah Neuropsychiatric Institute

<https://healthcare.utah.edu/hmhi/treatments/addiction-recovery/intensive-outpatient-program>

801-587-3235

501 Chipeta Way

Salt Lake City, UT

Red Willow Counseling & Recovery

Addiction, mental health struggles, and relationship challenges

<https://www.redwillowcounseling.com/>

385-316-7505

1425 South 700 East, Suite 102

Salt Lake City, UT

4516 South 700 East, Suite 260

Murray, UT

1901 Prospector Avenue, Suite 30

Park City, UT

Outpatient programs

Turning Point Centers

Intensive outpatient treatment and mental health — multiple locations

<https://www.turningpointcenters.com/>

844-751-0027

2691 East Turning Point Circle

Sandy, UT

Utah Support Advocates for Recovery Awareness

Inspiring communities to advocate for addiction recovery

<https://www.utahrecovers.org/>

385-210-0320

180 East 2100 South, Suite 100

Salt Lake City, UT

Valley Behavioral Health

Intensive outpatient program, medication management, and case management — multiple locations

<https://valleycares.com/>

801-263-7100

P.O. Box 572070

Murray, UT

Veterans Affairs (VA) Salt Lake City, UT

Substance recovery solutions for U.S. veterans

<https://www.va.gov/salt-lake-city-health-care/health-services/mental-health-care/>

801-582-1565 ext. 1837 Services for outpatient addiction recovery

801-582-1565 ext. 2706 Substance abuse residential rehabilitation

801-582-1565 ext. 1255 Outpatient mental health services

500 Foothill Drive

Salt Lake City, UT

Wasatch Mental Health

Substance recovery and mental health outpatient services

<https://www.wasatch.org/>

801-373-4760 Utah County

435-654-3003 Wasatch County

750 North Freedom Boulevard

Provo, UT

Wasatch Recovery

Intensive outpatient program & day treatment

<https://wasatchrecovery.com/>

801-901-0024

8420 Wasatch Boulevard

Cottonwood Heights, UT

7885 South 700 East

Sandy, UT

Group meetings

Al-Anon and Alateen

Support for families, teens, and friends of individuals struggling with addiction

<https://utah-alanon.org/find-a-meeting/>

801-262-9587

5056 South 300 West

Murray, UT

Alcoholics Anonymous (AA)

Program support to reach sobriety

<https://www.saltlakeaa.org/meetings/>

801-484-7871

80 West Louise Avenue

Salt Lake City, UT

SMART Recovery

Self-management and recovery training

<https://smartrecovery.org/meeting>

Select your city or state to find support